

Amanda Canteras

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Summary of Qualifications

- 3 years of customer service experience
- Possess strong interpersonal and communication skills
- Able to work proficiently independently and within a team
- Self motivated to complete tasks
- Capable of adapting to different work environments
- Working under pressure within a fast paced, busy environment
- Proficiency in Microsoft Office (Outlook, Word, Excel, Powerpoint etc.)

Education

University of Guelph-Humber

University of Guelph

Toronto, ON

Expected Graduation to 2021

- Honours Bachelor of Applied Science in Kinesiology

Humber Institute of Technology and Advanced Learning

- Diploma in Fitness and Health Promotion

Father Michael McGivney Catholic Academy

Markham, ON

September 2013-June 2017

Work Experience

Merchandise Vendor

Budweiser Stage/Echo Beach

July 2015 - March 2020

Toronto, ON

- Served 200+ regular and VIP customers in a welcoming and friendly manner.
- Able to count, display, and set up merchandise tents with little to no supervision.
- Trusted in handling large sums of money.
- Able to provide information and answer questions about merchandise to customers in a simple manner.
- Able to lift 30lbs boxes of merchandise.

Student Physiotherapist Assistant - Internship

pT Health - Central Scarborough Physiotherapy Clinic

January - March 2020

Scarborough, ON

- Demonstrate exercises to patients prescribed by a physiotherapist.
- Correct and explain incorrect execution of prescribed exercises.
- Wipe down and set up beds between each patient.
- Assist in completing SOAP notes.
- Doing laundry and folding towels, robes and sheets.

Certifications

- Standard First Aid and CPR C + AED

References Available Upon Request